



MotivatingMum

Support and advice for mums in business

The Values Game

Circle below the top ten most important values in your life:

Family Happiness
Competitiveness
Friendship
Affection
Cooperation
Adventure
Achievement
Wealth
Economic Serenity
Freedom
Integrity
Honesty
Order
Love
Security
Vitality

Self-Respect
Recognition
Advancement
Health
Responsibility
Fame
Involvement
Economic Security
Pleasure
Power
Personal Development
Social Justice
Contribution
Respect for Environment
Acceptance
Learning

Generosity
Wisdom
Spirituality
Loyalty
Culture
Inner Harmony
Order
Creativity
Gender
Peace
Fulfilling Employment
Fairness
Fun
Gratitude
Harmony
Growth

Other values that you consider important in your life:

Now select your five top values from the above two sections and define what each one means to you:

1.

2.

3.

4.

5.



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From the top five list select your top three:

- 1.
- 2.
- 3.

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